Winter 2024 Newsletter

www.ortmanclinic.com

Ortman Chiropractic Clinic



Plans have been finalized and construction of the new Ortman Hotel will begin soon! Plans include a lobby area and a restaurant space on the main floor. Construction is set to be completed in one year. We are feeling blessed and humbled to be able to rebuild this iconic hotel and further serve the patients of the Ortman Clinic.

Kaitlyn Killoran



Meet Daniel Novak

We are excited to introduce a new face at Ortman Clinic! Please join us in welcoming Daniel Novak, our chiropractic intern. Daniel will be with us from November through February 2025 and is set to graduate as a Doctor of Chiropractic in February 2025. We look forward to having him on our team! Happy Anniversary

This year, Ortman Clinic proudly celebrates 110 years of service to our community. Since 1915, our mission has been to provide compassionate, effective care, and we are incredibly grateful to have served generations of families along the way. We couldn't have reached this milestone without the trust and loyalty of our wonderful patients. Your support and commitment to your health inspire us every day to continue innovating and delivering the quality care you expect. Thank you for making Ortman Clinic a part of your journey and for being a vital part of ours. Here's to many more years of health, healing, and community! With heartfelt thanks,

The Ortman Clinic Team



our Calendars. ark 4

May 4th, 2025 to July 10th, 2025

Ortman Chiropractic Clinic is excited to celebrate our 110th Anniversary with 10 weeks of festivities! Each week there will be special events and opportunities to win exciting prizes.

During these 10 weeks, every time you visit, be sure to enter your name in the prize box for a chance to spin our Wheel of Prizes! Three lucky names will be drawn every Thursday at 9:00 a.m., giving you a chance to spin and win.

Join us every Wednesday for our weekly events, which will either feature a fun game of cornhole/beanbags or an informative Health Talk led by one of our Doctors.

Additionally, while you're here, don't forget to **enter for a chance to win our Grand Prize: a free one-week stay at the new Ortman Hotel! The Grand Prize drawing will take place on July 10, 2025.**

We look forward to celebrating with you and making this milestone unforgettable!

ARE YOU GOING TO BE THE NEXT SPINNER WINNER?



New Ownership of Hawk's Nest



The Hawk's Nest restaurant, located just across from the Ortman Clinic, is getting a fresh start under new ownership! The building will be closed throughout February to undergo major renovations, bringing a new, family-friendly look and feel to the space.

We can't wait to welcome you back this spring to enjoy a revamped dining experience in Canistota. Stay tuned for updates, including the restaurant's new name and all the exciting changes ahead.

Lodging In and Outside of Canistota

Cameron Inn	(605) 254-6001
Friends and family will call 605-296-355	5 and enter your
room number, so please provide them before your trip.	with that information
Canistota Depot Inn	(605) 254-6001
Friends and family will call 605-296-304	2 and enter your
room number, so please provide them w before your trip.	vith that information
Dakota Prairie Inn and Suites (Formerly UB	ar Inn & Suites)
(605) 296-3466	6 or (605) 323-8040
Berens Motel	(605) 296-3207
Friends and family will call 605-296-320	6 to reach those
staying at Berens Motel	
AmericInn in Hartford, SD (24 miles)	(605) 528-5000
A1 Al's Pheasant Ranch in Emery (17 miles)	(605) 940-4268
Triple Play Campground	(605) 351-4468
<u>Houses to Rent</u>	
Clover Cottage-Canistota	(605) 254-6001
Friends and family can call 605-296-3	101 to reach those
staying at the Clover Cottage.	
Dawn's Yellow Rose-Canistota	(605) 366-9390
Lodging on Pine-Canistota	(605) 877-5583
Quaint House-Lake Vermillion (5 miles)	(605) 940-8386
Lake vermillion Retreat (5 miles)	(605) 370-4813
Bridgewater's Cottage at the Park-Bridgew	vater (14 miles)
	(281) 881-4232
West Ranch-Humboldt (18 miles)	(605)366-9437
The Farmhouse-Humboldt (18 miles)	(605)366-9437
<u>Drivers</u>	
Alex Smart (Local Driver)	(605) 240-0013

Call between hours of 8:00 a.m.-6:00 p.m. Monday-Friday to reserve your ride. Leave a message if Alex doesn't answer.

Steve Ingalls (Local Driver).....(605) 261-9780

2025 Ohio and Indiana bus schedule

The bus will be stopping in Mount Eaton, OH; Apple Creek, OH; Wooster, OH; Mansfield, OH; Upper Sandusky, OH; Fort Wayne, IN; Topeka, IN; and Nappanee, IN.

To book your ticket with Pioneer Trails call (800) 458-2554.

To schedule your week treatment appointments at Ortman Clinic call (605) 296-3431.



Restaurants/Food

Hawk's Nest-Canistota, SD Lake Time Restaurant

(at Lake Vermillion) -Canistota, SD Total Stop-Canistota, SD Big J's Restaurant-Humboldt, SD Hartford Steakhouse- Hartford, SD Pizza Ranch-Hartford, SD Dairy Queen-Hartford, SD The Goat Restaurant-Hartford, SD

Follow us on Facebook for updates and news!



PRSRT STD U.S. Postage **PAID** Canistota, SD Permit No. 1

Share your story

Remember how you felt when you walked through our door? Maybe you were at your wits end, tired of seeking answers to a health problem that wouldn't go away. Maybe you believed you would never feel good again.

Our doctors have successfully treated a wide variety of conditions originating in the spine, joints, and surrounding muscles and nerves. Conditions we have treated include back and neck pain, migraines, sciatica, pinched nerves and fibromyalgia - to name a few. Patients usually report relief from pain within a few days of their treatment. Specific conditions may require physiotherapies, supportive services or co-management with your medical doctor.

Using the Ortman Technique, our doctors help return proper nervous system function to promote natural healing. We have received countless testimonials from patients throughout the 109+ years who returned to their desired health. Do you have a success story with us? If you would like to share your story, speak with a staff member at your next appointment to find out how!



Business Hours:

Monday 8:00 AM - 4:00 PM	
Tuesday 8:00 AM - 4:00 PM	
Wednesday 8:00 AM - 4:00 PM	
Thursday 8:00 AM - 5:30 PM	
Friday 8:00 AM - 3:00 PM	
Saturday CLOSED	
Sunday CLOSED	

We are open every weekday holiday until 10:00 AM; closed on Christmas Day.

